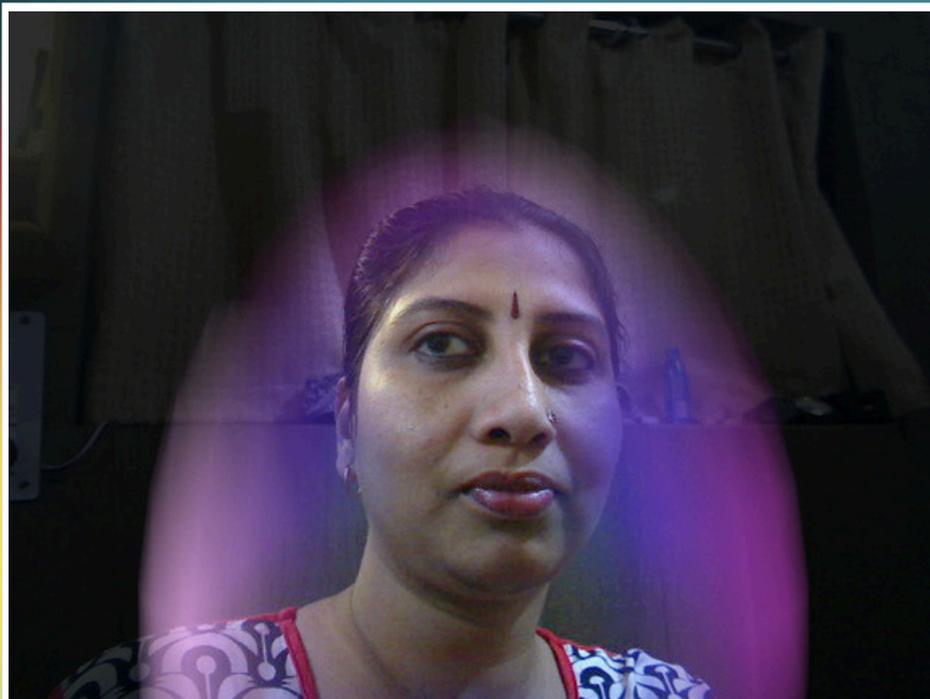


# AURA CHAKRA REPORT



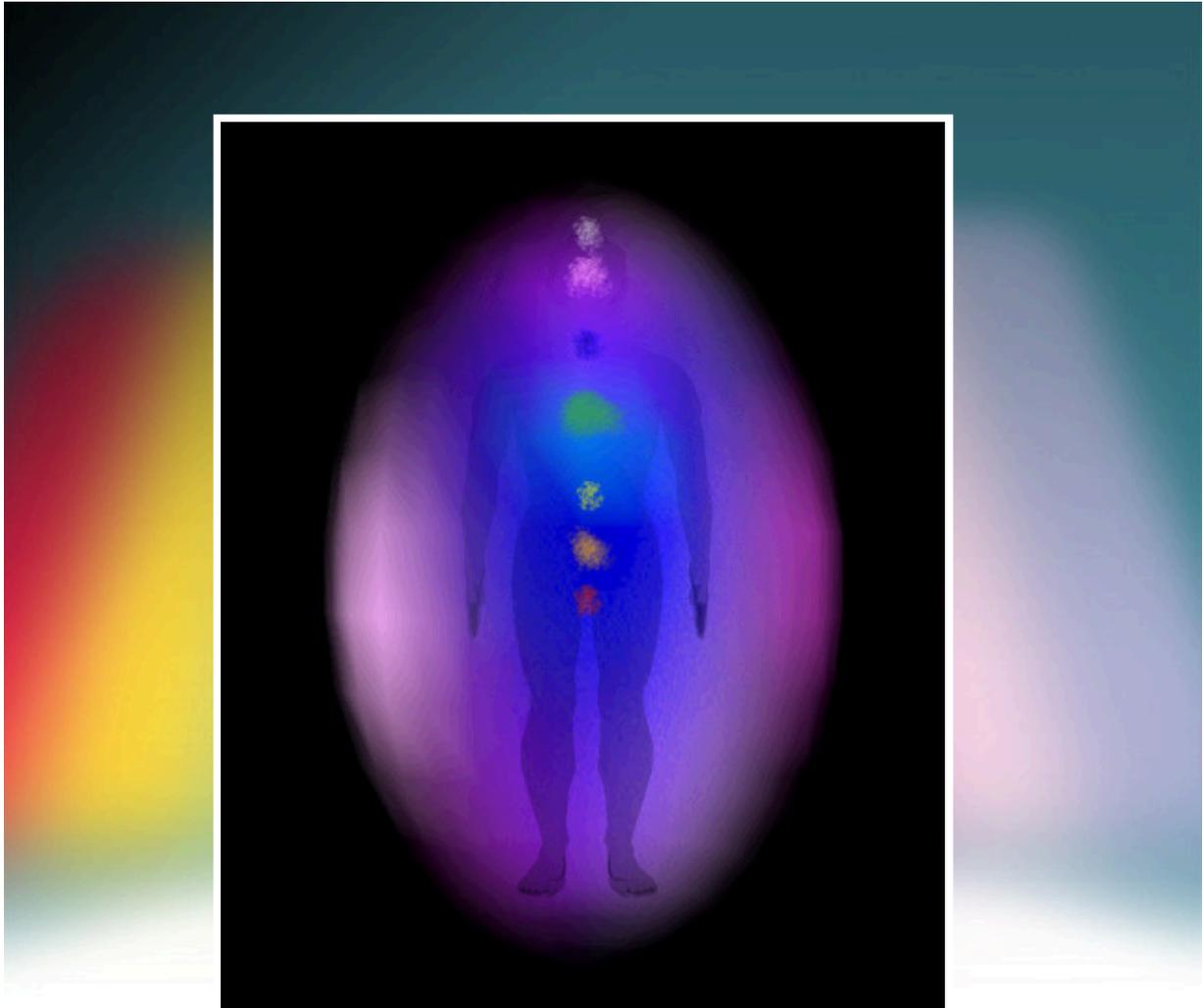
INDIGO-VIOLET deep inner feelings, inner knowing intuitive, sensitive

ANURADHA

10/29/2025 12:52:42 PM

“AVIKA” JANAK PURI, NEW DELHI-110058, INDIA Phone:+91  
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# AURA CHAKRA REPORT



ANURADHA

10/29/2016 12:52:42 PM

INDIGO-VIOLET deepinnerfeelings,innerknowing , intuitive,  
sensitive

Email: [info@avika.world](mailto:info@avika.world): website: [www.avika.world](http://www.avika.world).

# AURA CHAKRA REPORT

## YOUR AURA CHAKRA ANALYSIS

The **AURA VIDEO STATION** measures your Bio-Data through Biofeedback Sensors. This data is analyzed, processed and correlated with specific emotional-energetic states. Your Aura-Chakra Photo and Report gives you a colorful, visual and graphical representation of the measured Bio-Data. This information is for educational and entertaining purposes only. For any medical or therapeutic diagnosis, please consult your health professional.

### YOUR AURA COLOR TYPE

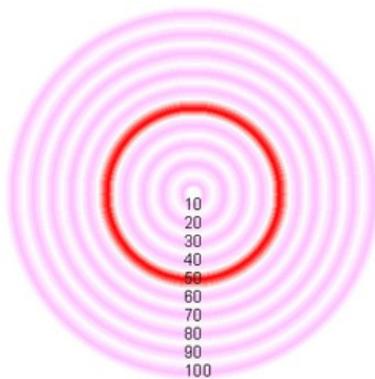
Your main aura color reflects your personality type and traits.



# AURA CHAKRA REPORT

## YOUR AURA SIZE

The red circle indicates the *size of your aura* and is an important indicator of how much energy you radiate around you.



**Large, Wide Aura** (75-100) Indicates a strong and powerful radiance. Other people can feel your strong aura. Use your charisma and aura power to achieve your goals and dreams.

**Middle, Average Aura** (40-75) Indicates you have a strong presence and radiant energy. You can achieve your goals by increasing your aura even more and focusing on your goals.

**Small Aura** (0-40) Indicates low energy level. Others might perceive you as introverted or with low physical energy. Try to create a stronger radiance around you and increase your aura power.

## CHAKRA SIZE & SHAPE OVERVIEW

Look for the following variations of each **chakra**:



**ROUND:** Balanced, harmonious chakra activity.



**OVAL:** Slightly unbalanced chakra.



**LARGE:** Overactive, high-energy activity.



**SMALL:** Underactive, low energy activity.



**BRIGHT:** Balanced, high energy. Positive qualities of chakra.



**DARK:** Low energy, unbalanced, stressed chakra activity.

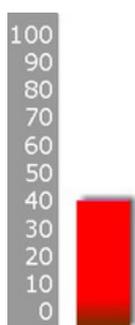
# AURA CHAKRA REPORT

## YOUR CHAKRA ACTIVITY

Knowing about your *energy centers* or *chakras* will help you determine the correct product or treatment to create greater balance and higher energy in your life.

### 1. BASE CHAKRA

This *chakra* located at the end of the spine and corresponds to life energy, physical activity, emotional strength, will power and sexuality. Related body areas and organs are joints, muscles, heart, blood and nervous system.



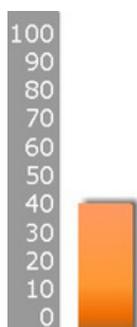
High life energy, radiant, sensual and passionate qualities.

Medium life energy, active lifestyle.

Low life energy, survival, accidents, stress qualities.  
You need to recharge your body energies and vitality.

### 2. NAVEL CHAKRA

This *chakra* located below the navel and corresponds to creative, productive and emotional expression of life energy. Related body areas and organs are intestines, spleen and digestive track.



High productivity, strong emotional expression.

Medium productivity and emotional creativity.

Low productivity and creativity, limited emotional expression.  
Increase your creative qualities and abilities.

# AURA CHAKRA REPORT

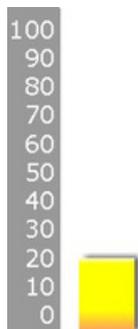
## 3. SOLAR PLEXUS CHAKRA

This *chakra* is located at the solar plexus and corresponds to personal power, creative and intellectual thoughts. Related body areas and organs are stomach, solar plexus and liver.

High creativity, intellectual and analytical thinking, playful qualities.

Medium creativity, intellectual and analytical thinking, playful qualities.

Low creativity, intellectual and analytical thinking or playful qualities.  
Have more fun and joy in your life, increase your creativity.



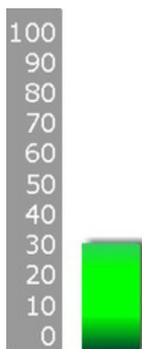
## 4. HEART CHAKRA

This *chakra* is located around the heart and corresponds to unconditional love, self-love and forgiveness. It relates to the balance between Body, Mind and Spirit. Related body areas and organs are heart, lungs, chest, circulation, arms and hands.

Very heartfelt, loving and sensitive qualities.

Average loving and sensitive qualities.

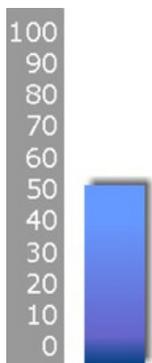
Low heart energy and expressive qualities.  
Need to open heart and feel thoughts and emotions more deeply.



# AURA CHAKRA REPORT

## 5. THROAT CHAKRA

This *chakra* is located around the throat and relates to communication, speech, social abilities, verbal and emotional expression. Related body areas and organs are lungs, throat, bronchial and voice.



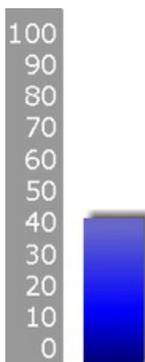
Strong expression of thought, emotions and communicative qualities.

Average communicative qualities.

Unbalanced energy, limited emotional and verbal expression.  
Find new ways to express your thoughts and emotions.

## 6. THIRD EYE CHAKRA

This *chakra* is located between the eyes and corresponds to intuition, vision, and artistic and creative thoughts. The related body areas and organs are the eyes, nervous system, brain and forehead.



High intuitive energy, strong artistic and intuitive qualities.

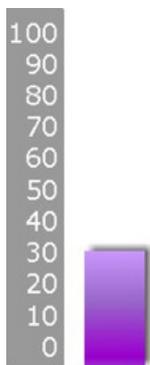
Medium intuitive energy, average artistic and intuitive qualities.

Low intuitive energy, artistic and intuitive qualities.  
Need to increase intuition and creative and artistic thoughts.

# AURA CHAKRA REPORT

## 7. CROWN CHAKRA

This *chakra* is located on top of the head and corresponds to intuition, spirituality and enlightenment. Related body areas and organs are brain, nervous system and top of head.



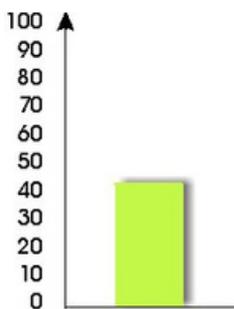
High intuitive energy, radiant, sensitive and spiritual qualities.

Medium intuitive energy, radiant, sensitive and spiritual qualities.

Low intuitive energy, sensitive and spiritual qualities.  
Need to find new direction and vision in your life.

## YOUR AURA CHAKRA BALANCE

This graph indicates your *overall aura chakra* balance.



Very balanced. Aura and chakras are in harmony.

Average balance. Aura and chakras are not fully balanced.

Very unbalanced. Aura and chakras are stressed with low energy.  
Improve your aura and chakras conditions. More harmony needed.

# AURA CHAKRA REPORT

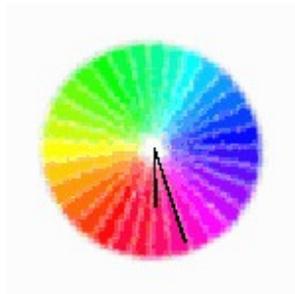
## YOUR BIO-DATA ANALYSIS

The following *bio-data graphs* and *meters* reflect important parts of your energetic body system.

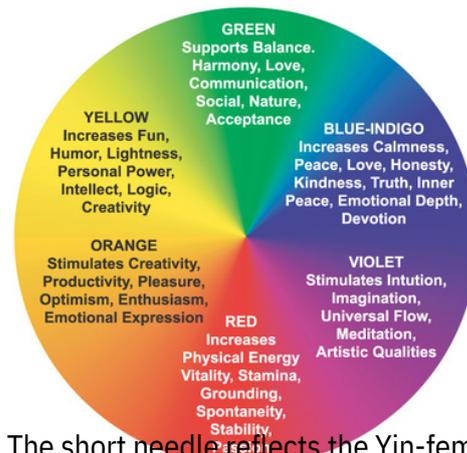
### COLOR WHEEL / YIN-YANG

The *color wheel* gives you an overview of the complete aura color range. It is recommended to use your *auracolor* or the *complementary-oppositecolor* to relax and balance yourself.

YOUR COLOR WHEEL  
YIN-YANG BALANCE



OVERALL EFFECT OF COLORS



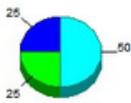
This graph also indicates your **Yin-Yang balance**. The short needle reflects the Yin-female-left qualities. The long needle the Yang-male-right qualities of your energy system.

- ↓ Yin-Yang balance with needles close together indicates male-female energies seem to be in harmony.
- ∨ Unbalanced, disharmonious, left-female and right-male energies need balancing.
- ✓ Very unbalanced, one body side might feel tense or stressed. Balancing is recommended.

# AURA CHAKRA REPORT

## YOUR MIND-BODY-SPIRIT GRAPH

This *Mind-Body-Spirit graph* gives you an overview of how your energies are distributed between body, mind and spirit.



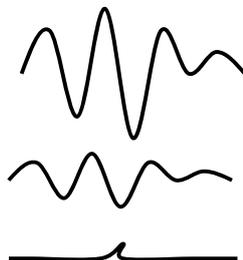
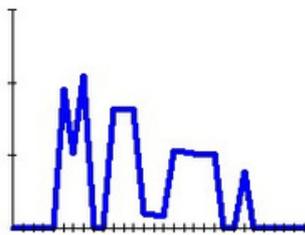
**MIND:** Your focus is mainly on creativity, mental and emotional expression, and communication.

**BODY:** Your focus is on physical reality and results, and body related activities.

**SPRIT:** Your focus is on personal development, feelings, intuition, spirituality and inner qualities.

## YOUR EMOTIOMETER

The *emotimeter* shows your emotional reactions, true thoughts and inner feelings. Real-time graphic indicators display immediate response of true feelings and thoughts.



Highly emotional stressed, agitated, High excitement, nervousness or sensitivity.

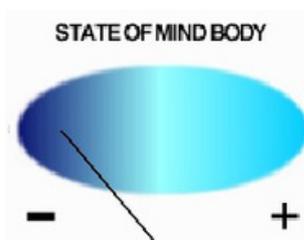
Very emotional and sensitive, expresses emotions freely.

Centered, stable, unemotional, passive, does not express emotions easily, keeps emotions inside.

## YOUR STATE OF MIND-BODY GRAPH

The *state-of-mind body graph* displays your overall mind/body condition and is based on your body temperature.

**STRESSED**  
A tense, stressed condition will register when the needle moves towards the left side.

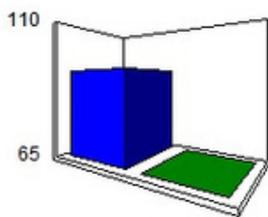


**RELAXED**  
If you are in a relaxed, harmonious state, the needle will move toward the right side of the graph.

# AURA CHAKRA REPORT

## YOUR STRESS/RELAXATION GRAPH

The *relaxation graph* shows your physical relaxation or stress level and is mainly based on your body temperature. The left blue bar is used as a baseline (environment). The green bar and left top numeric value show your *personal relaxation level*.

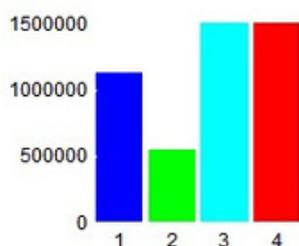


**GREEN BAR = YOUR RELAXATION LEVEL**

- 110+ High relaxation, very balanced and high energy
- 100
- 95 Average daily physical activity or relaxation level
- 90
- 80- High physical stress, low circulation, low physical energy

## YOUR ENERGY LEVEL GRAPH

The *energy level graph* shows the different energy channels that are measured and is based on your *electro-dermal* activity. The **Indigo Channel (1)** represents your **Intuitive Energy**. The **Green Channel (2)** represents your **Mental Energy**. The **Light Blue Channel (3)** represents your **Emotional Energy**. The **Red Channel (4)** represents your **Physical Energy**.



- 1,500,000 **Extremely High Vibration Range**
- 800,000 More grounding and focus is needed.
- 800,000 **High Vibration Range** Great for intuitive and sensitive activities. More grounding and focus is recommended.
- 500,000
- 0 **Medium Vibration Range** Great for daily activities.
- 500,000 Shows mind-body-spirit balance.
- 250,000 **Low Vibration Range** Great to achieve goals and recharge your energy. Relaxation is also advised.
- 250,000
- 70,000
- 70,000 **Very Low Vibration Range**
- 10,000 Increasing sensitivity and energy level needed.

Even bars indicate that the different energy channels are flowing in harmony and each part of your system is vibrating at the same frequency. Uneven bars show that there is disharmony in your energy flow and part of your system may be out of balance.

The values indicate your *vibrational rate*, starting with low values from 10,000 to high values up to 1,500,000.

# AURA CHAKRA REPORT

## *YOUR PERSONAL AURA COLORS*

Please review the following areas on your *aura-chakra photo*:

### *Left Side (Female-Yin)*

The color on the left side is normally the vibration coming into your being. It is what you feel inside, but might not have expressed.

### *AboveHead (Thoughts-Beliefs)*

The color over your head is what you experience for yourself *now*. It reflects what you think or believe at that moment and shows your current state of mind.

### *Right Side (Male-Yang)*

The color on the right side is traditionally the energy being expressed, the qualities most likely seen or felt by others around you. It is what you are putting out to the world.

### *Center (Base Aura Color)*

Your most dominant Aura Color is seen in the center of your body. This Base Aura Color helps determine your Personality Type and does not change as fast as the outside colors.

### *Dark, muddy or multiple Aura Colors*

You might be stressed, tired or experiencing emotional problems. You may be in a period of tremendous growth and change reflected by several aura colors.

### *Chakras*

The shape, size and intensity of the color of each chakra reflects various physical, emotional, mental and spiritual states within your aura.

### *Round, circular chakras show a balanced energy system.*

Non-circular, blurred chakras show an imbalance in your energy centers. Also look at the color and brightness of each chakra for a more detailed analysis.

# AURA CHAKRA REPORT

## *AURA COLORS OVERVIEW*

<i>Deep Red:</i>	Realistic, grounded, active, strong will-power, survival-oriented.
<i>Red:</i>	Active, powerful, energetic, vitality, competitive, winner, sexual, passionate, relates to the physical body.
<i>Orange-Red:</i>	Confidence, creative power.
<i>Orange:</i>	Creative, productive, adventurous, courageous, relates to emotions.
<i>Orange-Yellow:</i>	Analytical thinker, creative, intelligent, scientific, detail oriented, perfectionist.
<i>Yellow:</i>	Creative, intelligent, playful, lightness, optimistic, easy-going, relates to life energy.
<i>Yellow-Green:</i>	Communicative, creative with heart.
<i>Green:</i>	Teacher, social, communicator, love people, animals, nature.
<i>Blue-Green:</i>	Healer, therapist, sensitive, peace, tranquility, compassionate.
<i>Blue:</i>	Caring, sensitive, loving, helpful, intuition, love to help others.
<i>Indigo:</i>	Intuitive, sensitive, loyal, deep feelings, visual, relates to the third eye.
<i>Violet:</i>	Intuitive, artistic, magical, futuristic, idealistic, relates to crown.
<i>Lavender:</i>	Imagination, visionary, daydreamer, etheric.
<i>White:</i>	Spiritual, transcendent, higher dimensions, etheric and non-physical qualities.

## ANURADHA

### **RIGHT DOMINANT**

Your male right active body side seems to have a higher energy level than your left female passive side. Answer these questions for yourself:

Do you experience strong inner feelings and emotions?

Do you find it difficult to express your emotions, thoughts or your creativity?

Are you experiencing physical ailments on your right side?

### **HEART DOMINANT**

Your heart energies seem to be very active right now. Answer these questions for yourself:

Do you have friends or family you can share your feelings with?

Do you feel strong and intense emotions in your heart at the moment?

What feelings are waiting to be expressed and shared?

### **STRESSED / LOW ENERGY**

Is it a very stressful time for you right now? Are you going through a lot of changes or are you working on too many projects at once? Your Aura shows that you are not very energized. You might be very active but in reality you are using up your internal battery. Your adrenals may be running high. It might be time for you to relax your mind and body on a regular basis. Why not go to the beach or mountains to unwind and recharge your inner batteries. Ask your consultant for products to help you to be more creative, balanced and relaxed.

# *Your Individual Aura Color Analysis*

## ***Indigo in the Aura***

Indigo indicates a strong sense of inner sensitivity, peace and calmness. Clear bright Indigo shows deep inner feelings with powerful intuition. Your communication will be clear and precise with a loving touch. Dark muddy Indigo shows a lack of physical energy and reveals emotions of depression and melancholy. Your introverted nature can make you feel isolated, lonely or create a sense of being abandoned. Indigo is the color associated with the Third Eye Chakra, ears, eyes, nose, sinus and pituitary brain.

Are you more concerned about others than yourself?

Is it difficult for you to set your boundaries and to say NO?

Do you thrive in a healthy, loving and caring relationship?

Do you express your deepest emotions and feelings to others?

Do you have enough time to relax and recharge yourself?

Are you listening to and following your intuition?

Are you grounded and in touch with your physical reality?

## ***Lavender Around the Head***

Clear bright Lavender means that your capacity for intuitive perception is extremely high. You are very creative and your sensitivity enhances your subtle and artistic imagination. Your ability to channel divine energy could make you a healer, visionary artist or inspirational spiritual teacher. Dark muddy Lavender suggests that you are not always very practical or clear in your expression. You may be inconsistent and incomprehensible. Your physical strength might be limited and you may not be very grounded.

### *Lavender on the Right Side*

Clear bright Lavender shows that you have great spiritual and intuitive insight, and your energy has a healing effect on others. Many can sense the power emanating from you. You may be receiving impressions and visions, often without trying. You are idealistic and futuristic, with psychic abilities. Dark and muddy Lavender can mean that you are physically tired and may have difficulty staying grounded. You might have trouble meeting the demands of daily life, needing to rest often. Ground yourself and recharge to allow your powerful spiritual energies to flow harmoniously.

### *Violet on the Left Side*

Clear bright violet flowing into your aura brings you spiritual healing powers. You are a visionary and understand things intuitively. Dark violet flowing into your aura can indicate nervousness, tension or even illness. It can bring a time of withdrawal to initiate a search into the deep mysteries of life.

### *White on the Right Side*

White indicates an abundance of energy that is available. This energy is of a very high level and can be directed wherever it is needed. You have a deep connection to this Divine energy and a commitment to spiritual practice. This is the aura of meditation and enlightenment. White spots may show energy blocks and pain. You might need to reach out to healers or medical professionals to help you resolve issues.

### *Blue in the Heart Area*

Clear, deep and bright blues in this area indicate that you speak from the heart with inner self-confidence and security. Your words are peaceful and healing. You are caring, sensitive and loving. Dark muddy blue in the heart shows that you have internalized unhappiness and pain.

### *Indigo in the Heart Area*

Bright Indigo indicates that you speak from the heart and express your inner feelings with love and passion. Your words and emotions are centered, and your presence is peaceful and healing. You are caring, sensitive and loving. Dark muddy Indigo in the heart shows that you have internalized sadness and pain. You may need to open up and express your true feelings towards others. You have so much to give. Start now, by honoring and loving your self first.

## **INDIGO PERSONALITIES**

The following are the qualities and action words associated with INDIGO personalities:

<i>Area</i>	<i>Description</i>
<i>Physical</i>	Deep body feelings, sensitive physical body, meditative, androgynous.
<i>Emotional</i>	Universal love, sensitivity, depth of feelings, inner communion, trust, loyalty, honesty, surrender, devotion, innocence.
<i>Mental</i>	Aware, bright, artistic, clarity, creative, independent, intuition, inner knowing, higher mind, dedication.
<i>Spiritual</i>	Higher knowledge, truth, spiritual, universal love, awareness and consciousness, experience inner planes of existence.
<i>Motivation</i>	Follow their higher truth, unconditional love and inner guidance.
<i>Mission/Vision</i>	Spiritual growth, love and service, express inner knowing, self realization.
<i>Growth</i>	Inner awareness, intuitive changes, guided by their heart.
<i>Exercise</i>	Walking, dancing, swimming, meditation, spiritual exercises & techniques.
<i>Recharge battery</i>	Meditation, music, create own space, connect with God-Inner Self, spiritual workshops, journeys to sacred places.
<i>Communication</i>	Soft voice, intuitive, inner communication with connection to feminine aspect.
<i>Interaction</i>	Considerate, careful, sensitive and divine actions, compassionate.
<i>Relationships</i>	Caring, depth, heartfelt, soul-to-soul, spiritual connections.
<i>Social, Friends</i>	Follow inner guidance, one on one, few close friends.
<i>Sex, Intimacy</i>	Deep, divine experience, careful, open up only to close partners, mystical.
<i>Money</i>	Clear concept, not primary concern, follow higher values and truth.
<i>Success</i>	Connection to God and Higher Self, live love and spirituality on earth.
<i>Occupation</i>	Serving others, live in harmony with their higher beliefs and truth.
<i>Career</i>	Spiritual healer, teacher, musician, artist, social worker, writer

If you want to know more about your INDIGO Personality Type, we suggest that you review the BLUE and VIOLET profile in the book AURA MASTERY.

## *MIND/BODY*

Indigo personalities experience life through their deep inner feelings and intuition. These calm and deeply sensitive individuals are connected with their inner self. Their life long search for higher truth and consciousness allows them to radiate an originality and clarity, which is not found in other color personalities.

Indigos have a strong desire to express their spirituality. They are considered to be very deep in their feelings and perceptions of life. An Indigo is born with a powerfully high consciousness and even as children know who they are and how to be. Indigos cannot be told what to do, think, feel or what the truth is. They know. Their inner guidance gives them all the information they need.

The purpose of Indigos is to experience life as a divine universal being with compassion and unconditional love. To them, life is like an endless ocean, filled with divine love and energy, full of unbelievable treasures, and grand adventures. Indigos are content if they can express their feelings of spirituality and love, knowing that the world around them is acknowledging the divine message.

Indigos have a high sense of honor and their own personal values and belief system. They do not adopt the ideas, beliefs, standards or concepts of others. Their inner strength and power comes from their connection with God or Love. To them, universal Love is the connecting force in the universe.

Indigos know that all humans are divine beings. We are not only physical, emotional or mental beings, but are connected with a Higher Power, which we call God, Spirit or Source. Indigos also know that everything in the universe is interconnected. There is no separation. We are One. This knowledge makes it a great challenge for them to understand and accept some of the ways humans treat themselves and their mother earth. Their challenge is to stay out of confusion, sadness and anger when they see what is going on in the world

Indigos are seen as the new leaders for the coming times. They seem to have an inherent understanding and awareness of human life and universal implications. They don't need facts, statistics or data to be convinced that our planet is in need of major shifts. They also don't need a reason to help humanity to grow spiritually. They show us that we are powerful spiritual beings waking up to the truth of who we are. And they do this, by simply being themselves.

Centered Indigos have the energy and power to guide humanity into an age of enlightenment and self empowerment. In the past, Indigos were often found in religious groups or organizations. This was their only method of practicing spirituality and discovering God within. Now Indigo personalities have the freedom to live their inner feelings and their need to communicate with God with more openness in a world that is truly waking up to the truth.

Indigos can appear soft, sensitive and sometimes androgynous. They integrate both masculine and feminine aspects within themselves. Because of their sometimes unusual appearance and their advanced spirituality, others may see them as introverted or eccentric.

In power Indigos are aware, bright, creative and independent individuals with deep feelings and strong intuitions. They follow their inner guidance and abide by higher truths, knowing that life is filled with integrity, compassion and love. They understand spiritual concepts far more easily than physical ones. Indigos are more concerned with higher principles than social beliefs or limited physical realities. No social pressures will force them to compromise or follow rules they do not agree with.

Indigos integrate their intelligence with a higher understanding and awareness. They have clear perceptions of humanity and are guided by their intuition. They are born with an awareness of who they are and what their purpose in life is. Their insight and wisdom comes from a different source than common, limited, intellectual knowledge.

Indigos have no need to understand mental concepts. They don't process life through their intellect or their rational minds. They are clear and bright thinkers but perceive life more through intuition and feelings. They often come up with unorthodox concepts that might prove to be extraordinary to others.

Indigos have sensitive, physical bodies. For most of them, intense physical activity is much too harsh and disturbing. They prefer soft and balanced physical activities to intense exercise or competitive sports. Their favorite activities would include, taking a walk, jogging or meditative exercises and techniques. They may have a need to express their creativity through dancing, painting, writing or other artistic endeavors.

Because Indigos have a highly developed system, they are uncommonly sensitive. They are able to sense energies, emotions and feelings or even spirits, auras and other dimensions. Their high vibration allows them to move into other dimensions of existence. Indigos are so close to God, that at times they are able to express divine energy by their mere presence.

In their innocence, Indigos are extremely truthful. They must live their life in accordance with the highest of principles. They know we are all divine beings within a greater plan. Life has meaning and we as humans are creating our own reality. While they are honest and independent, they are also very compassionate and accepting.

Indigos need a peaceful and harmonious environment whether at work or at home. Because of their sensitivity they need to have serene surroundings to keep them balanced.

If Indigos do not follow their path they will become anxious and self-destructive. They can also become emotionally closed and introverted, withdrawing from friends and society. Conservative, rigid thinking and the inability to express their deep feelings and their inner truth will cause them to feel depressed and isolated. Out of power Indigos can become frightened and disoriented, turning to drugs and alcohol to escape from their confusion and to quiet their inner voices. The current state of the planet is not what they envision or understand. They wonder how humanity can be so insensitive and unspiritual?

The challenge of Indigos is to trust their inner voice, staying in their power. They must actively live that connection to God and the Universe, a truth, which they came here knowing in their hearts. They can help us to understand life's larger plan, of which we are all a part.

## ***SOCIAL LIFE***

In power Indigos do not follow the rules or demands of society. They have an inner knowing which they have to live. Indigos function with truth and spirituality, easily seeing through false ideals or political ambitions based on egotistical gain. They may have a tendency of withdrawing from society because they are often misunderstood with such high principles.

In power Indigos have learned to live and function in society within their own protected space. They find ways to express their inner desires into creative endeavors which influence and lead people toward creating a better world. Indigos have few close friends, knowing whom they can trust. They know immediately when they meet an old, ancient friend or soul mate.

Out of power Indigos might concede to society, suppressing their inner knowing and truth. They may become introverted, hiding behind a conservative, stiff and rigid attitude. Often Indigos live out their spirituality in fanatical religious groups or organizations.

Indigos need to create opportunities to be with God, while expressing their inner meaning and purpose for living.

Indigos may not be what is termed social. They are very sensitive, feeling the pains and challenges of others so much that they have to be careful in their interactions. They prefer to meet with people on a basis of spirituality and love.

## ***RELATIONSHIPS AND INTIMACY***

Indigos need mates who will be nurturing, dedicated and understanding, allowing them their independence. They are careful in their selection of partners but once they have decided on their soul mate they will be loyal, faithful and monogamous

Indigos need to be with partners who can understand their advanced, spiritual way of thinking. They are gentle and committed partners who are best friends and companions. Indigos usually have balanced both their male and female energies. They have a strong sense of their own sexuality.

They are great lovers. Once they feel safe with a compatible soul, they are passionate and full of deep love. Sex is a powerful spiritual experience where two beings of energy merge into cosmic oneness. Most in power Indigos do not have inhibitions. Sexuality is not a male or female expression or a physical act, but a spiritual union of two divine beings.

Indigos love to be with Lavender, Violet or White personalities. They are inspired and assured that other spiritual oriented souls thrive on this planet.

Physical personality types, such as Red and Orange may be a big challenge for Indigos for a healthy loving relationship, since their view of life is so different. Yellows and Indigos love to play and have fun together. The Green personalities can deal with the bright and clear mental abilities of Indigos.

Orange-Yellows and Deep-Reds also have a conservative approach toward life. But they may not understand the depth and love Indigos feel inside.

As long as Indigos feel a deep inner connection with their partners they will be very loving and passionate mates.

### ***CAREER AND FINANCES***

Indigos are intellectual, but they also incorporate inner awareness and emotional sensitivity. Because they are so compassionate, they are often willing to support and work with others. Indigo personalities are loyal. They never lie, cheat or steal. Friends or employers can always count on them. Their honesty and friendly attitude can lead to many opportunities creatively and in business.

Indigos solve their challenges when they trust their inner senses. They will always receive the correct answer if they look inside themselves. They are happiest when they are able to live their lives in harmony with their beliefs and when they are able to help other souls on the planet. They feel successful when they know they are connected to their intuition and living the highest truth of which they are capable.

Indigos are often found in service, social or artistic occupations, helping and supporting society. When they are in harmony and in power, they always know a higher task is waiting for them.

Indigos prefer occupations, which allow them the freedom to connect with life in its diverse forms. They love to bring together body, mind, heart and spirit. The work they do must be in balance with their spiritual beliefs and perceptions of life. They have a need to love their work. They enjoy all jobs, which enable them to support others. Because they are closely connected to God and the Universal Life Energy, Indigos can be powerful spiritual healers, counselors and teachers.

Some Indigo occupations are: spiritual healer, teacher, musician, artist, nurse, mother, social worker, child caretaker, musician, writer, artist and designer

### ***HEALTH, WELL-BEING AND GROWTH***

To stay in power, Indigos have to feel and trust their intuition. When they express their innerbeliefs and feelings they can create an environment, which radiates peace, love and understanding.

Their bodies may be delicate, since they are sensitive to the unbalanced and stressful environment, which dominates our planet. Their androgynous appearance, personality and beliefs challenge society's concepts of male / female and what is considered right and wrong. As a result, they have a test to adjust and to actually fit in.

Indigos need to create an environment which allows them to stay centered, peaceful and in contact with their inner guidance. The world around them may appear loud and insensitive.

If Indigos are in harmony they recharge easily. They know that they are a part of this vast system of universal consciousness and energy. When they still their mind and body, they will connect with the universal energy flow. Indigos have the ability to recharge and heal themselves from the inside.

Indigos need to get in contact with their mission and their personal vision in life. They understand that life has a meaning and that they are part of a much larger entity called God. Meditation and prayer are important tools for Indigos to gain harmony, balance and strength. They will receive all the answers to all their questions if they simply ask their Higher Power for guidance. They will create harmony by living their lives with awareness, expressing their beliefs in love and understanding.

The challenge of an Indigo is to step into the real world with a powerful sense of their body, mind, heart and soul. They are the examples of this perfect balanced way of living. Maybe the most challenging and yet most rewarding task they can undertake, is standing up for their convictions and beliefs, and then living them, accepting that others need to do the same in their own way. Then, they empower themselves and the world.

THIS REPORT IS  
GENERATED SPECIALY  
FOR YOU BY:

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The Aura around humans is partly composed from EM (electromagnetic) radiation, spanning from microwave, infrared (IR) to UV light. The low frequency microwave and infrared part of the spectrum (body heat) seems to be related to the low levels of the functioning of our body (DNA structure, metabolism, circulation etc.) whereas high frequency (UV part) is more related to our conscious activity such as thinking, creativity, intentions, sense of humor and emotions. The high frequency UV part is very important and most interesting but largely unexplored. And this part can not be seen with naked eyes



This new technology is set to improve the nation's health.  
Developed with the

***Things which seem to reduce, muffle or distort your bio-energy (Aura) are: FEAR, stress, anxiety, hatred, envy, jealousy or any other negative thought or feeling***

***Physical crisis in your body - disease, artificial stimulation (drugs) etc.*** These can show a temporary increase in the aura size - this effect is similar to the effect of your body raising the temperature during sickness. You need to learn to READ the Aura to diagnose such a crisis. Most likely such increased Aura will be white.

***Clothes and the environment*** may be clashing with your Aura. Dull colored clothes absorb your bio-energy rather than harmoniously enhancing it. It is interesting to note that males on Earth die much earlier than females, regardless of their cultural and ethnic background, diet etc. In our opinion it is related to the fact that males dress in black or gray colors for the most of their lives and rarely use colors. Females use much more colors in their garments and change them frequently. Interestingly, many male birds in Nature are much brighter colored than females. And THEY live longer. Nature always gives us a hint. All we need to do is observe it and adopt ideas from it. An immediate effect of wearing gray, black or brown clothes seems that that they make you tired quicker. Have you noticed that young people today look MUCH OLDER than they should?

***Isn't it logical that we should avoid all of the above if possible? "Cultivating" any of the above for prolonged time can have a permanent effect on your psyche and your Aura.***